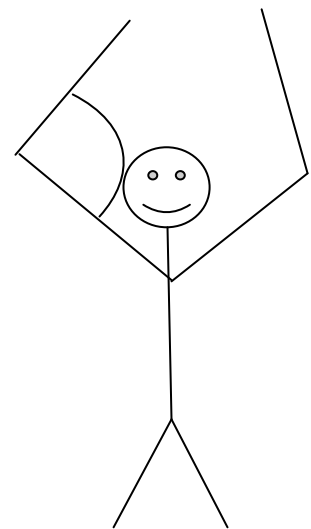
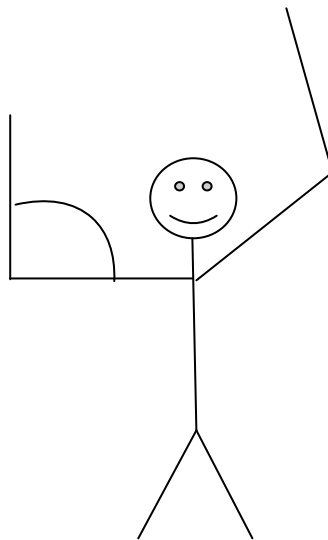
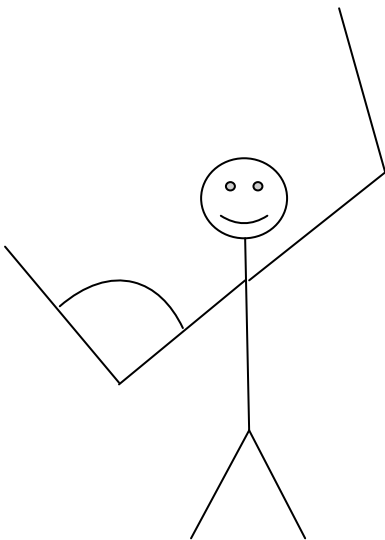


3 by 4 System (nach D. Pelz)

	7.30 Uhr Schlag	9.00 Uhr Schlag	10.30 Uhr Schlag
PW			
GW			
SW			
LW			
XW			



7.30 Uhr	9.00 Uhr	10.30 Uhr
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